

**REDAN JUNIOR FOOTBALL NETBALL**  
**REDAN FEMALE FOOTBALL**  
**PLAYER POLICY**

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# 1. INTRODUCTION

Redan Junior Football Netball and Redan Female Football both operate under the broader umbrella of the Redan Football Netball Club and provide opportunities for young people to play football, female football and netball in a safe and enjoyable environment.

The Redan Football Netball Club will always endeavour to provide for the health, welfare and wellbeing of its players, administrators, volunteers, supporters and spectator, and this philosophy extends across the Senior Football and Netball, Junior Football and Netball and Female Football competitions we participate in.

At the Junior level our aim is to provide a positive playing experience for junior players and their supporters and our strategy to achieve this is built around four key themes:

- Participation
- Development
- Governance
- Community

Ultimately, we gauge our success by the following measures:

- We believe we have encouraged participation when we see the enjoyment all our teams have throughout the season.
- The development of our players is demonstrated when we hear of individual success stories, our coaches end-of-year feedback, and the senior club and recruiters saying Redan Football and Netball Club produce junior players with the skillset to play in senior competitions.
- Our Community involvement is continually being discussed and we make specific note of feedback received from the parents, players and supporters in regard to how our club is valued within the community. Attendance at our family nights is a strong indication of our value within the community.
- Our governance is measured by parent and player feedback surveys regarding how our club is run.
- Continual emphasis on culture within our club (both on and off the field) and the positive impact it has on the growth and development of a child from Auskick or Net Set Go, through our Junior programs and ultimately entry into the senior program as a One Club player.
- We aim to build resilience in our players, by helping them respond to challenges and disappointment, on and off the field/court.
- Finally, we strive to develop a competitive drive in our players and a winning culture across the club. We are proud of the Premiership Cups that have been won by Redan FNC.

## 1.1 THE REDAN WAY

A set of core values are outlined below:- The Redan Way.

### **Respect**

- Respect for opposition/coaches/team mates/officials
- Respect for our facilities and equipment
- Respect for family and self

### **Discipline/Commitment/Effort**

- Train to improve
- Train with intent
- Arrive at training on time and ready to work
- Listen to coaches
- Commit to the Redan Way

### **Pride**

- Have pride in your performance
- Have pride in the performance of your team and team mates
- Have pride in our facilities and equipment
- Have pride in your effort

### **Honesty**

- Be honest with your coaches and each other
- Be honest in your effort

### **Continuous Improvement**

- We are here to enjoy and get better
- Everything we do at training requires effort in order to get better

### **Inclusion**

- We are an inclusive team (club)
- We make new team-mates feel welcome
- We do not belittle others efforts; we encourage the efforts of all

We are proud of the successes to date of Redan's Junior Football Netball and Redan's Female Football programs, and we want to ensure we remain a successful Club providing the best football and netball experiences for junior players and their supporters.

## 1.2 REDAN FOOTBALL NETBALL CLUB

The Redan Football Netball Club has a long and proud history since playing its first game on Saturday 2 September 1871 against the Ballarat Football Club. Interestingly, the first Ballarat Football game was played at the Copenhagen Grounds on April 27, 1860 - the current Western Oval stands on part of the original site.

'The first Redan team was made up from miners from the Band of Hope mine and their average weight was 14 Stone (90kg). The Ballarat Star newspaper reported that the Redan team was everywhere, kicking and tripping regardless of the consequences.'

In 1902 Redan won its first Premiership in the Ballarat Rovers Association, in 1903 the club was runners up. In a return match with the V.F.L the B.F.A defeated the Melbourne team by two points.

In 1906 there was a First Rate Junior Association with Soldiers Hill, Enterprise, Redan, Golden Point and Central, this association changed its name to the Ballarat Football League.

Netball has a far younger history as the BFL netball competition only commenced in 1991. Redan's first season in senior netball was in 1994.

Junior Netball commenced in the Ballarat Football Netball League in 2012, and Redan has participated in this competition since that time. In 2021 the club is fielding 8 Junior netball teams.

Redan fielded its first Female Football team in 2011 when the Youth Girls U/18 team competed in the first season of the new competition. Redan has been at the forefront in the development of Female Football since that time and in 2021 is fielding four teams in the BFLW competition. These comprise a Senior Women's team and Under 18, Under 16 and Under 14 teams.

For many years Redan has run successful AusKick and Net-Set-Go programs for the younger members of our community, and continues to do so in 2021.

In 2021 the Redan Football Netball Club fields a total of 31 teams in three competitions run by the Ballarat Football Netball League (BFNL), namely:

- BFNL Senior Football and Netball (3 football teams, 6 netball teams)
- BFNL Junior Football and Netball (10 football teams, 8 netball teams)
- BFLW Female Football (4 football teams)

When coupled with our AusKick and Net-Set-Go programs, this represents a significant community club we are justifiably proud of, and hope you feel proud to belong to.

### 1.3 REDAN *JUNIOR* FOOTBALL AND NETBALL

Redan Junior Football and Netball is an important part of the Redan Football Netball Club. For many years it has provided sporting participation opportunities for the younger members of our community, and many footballers and netballers have followed a development pathway to the senior section of our club, and beyond.

Redan Junior Football and Netball enjoys strong numbers across all age groups and has over 500 players within 22 boys' and girls' teams participating across our junior grades.

While the Junior section of our club manages its own operations via a Junior Committee structure, there is a strong relationship with the overall operations of the whole club which is managed by a Board of Management. Each year the Junior Director who chairs the Junior Committee sits on the Board of Management of the Redan Football Netball Club.

The Board of Management works diligently to maintain strong and healthy relationships between all areas of the club and organises several major events each year to build these relationships. An example of this is the Annual Ball held each year.

We are a proud family-based club with a strong focus on participation and development. This is particularly important in the Junior section of our club. We host a range of social activities throughout the season including family meal nights, a fun parent social night and presentation nights. These provide a great opportunity for players and parents to get together and have fun, and a wonderful opportunity for new players and parents to get to know teammates and their families even better.

#### 1.4 REDAN FEMALE FOOTBALL

Redan Female Football is another important part of the Redan Football Netball Club. It has been in existence since 2011, and since then it has provided sporting participation opportunities for the younger female members of our community. Even in the relatively short time it has existed many female footballers have followed a development pathway to the senior section of our club, and beyond into the VFLW and AFLW competitions.

Redan Female Football enjoys strong numbers across all junior age groups and has over 70 players within the three female football teams participating across our junior grades.

We have many family groups who are involved in both Redan Junior Football Netball and Redan Female Football programs, and have instances of female footballers who also play junior netball for Redan.

The operations of the junior Female Football teams are managed by the Junior Committee structure, and there is also a strong relationship with the overall operations of the whole club which is managed by a Board of Management. Ideally, a representative of the Female Football program sits on the Junior Committee, and works closely with the Director of Female Football who sits on the Board of Management.

The Board of Management works diligently to maintain strong and healthy relationships between all areas of the club and encourages interaction between all sections of the club. This is particularly so in the Junior section of our club. We host a range of social activities throughout the season including family meal nights, a fun parent social night and presentation nights. These provide a great opportunity for players and parents to get together and have fun, and a wonderful opportunity for new players and parents to get to know teammates and their families even better.

#### 1.5 RECRUITING VOLUNTEERS

Our Club's success can be attributed to the fantastic support received from parents and supporters.

The Club takes the following steps to ensure best practice standards in the recruitment and

screening of its volunteers:

- Interview and conduct reference checks on all Coaches.
- Require Working with Children Checks for our Coaches, Assistant Coaches, Team Managers, Trainers and Runners.
- Require our Coaches and Assistant Coaches to obtain an AFL Victoria level 1 coaching course or for netball, the foundation coaching accreditation.
- Require our coaches and volunteers to sign the Club's Child Safe Code of Conduct.

## 1.6 JUNIOR COMMITTEE

Redan Junior Football Netball and Redan Female Football are managed by a sub-committee of the Redan Football Netball Club Board of Management.

The Junior Committee is responsible for:

- the overall governance and operations of the Junior section of the Club;
- setting policy relevant to the Junior section of the Club.;
- appointing coaches;
- endorsing team selections; and
- dealing with complaint matters that require consideration

## 1.7 POLICIES

The Club has developed a set of policies that are designed to support our core values and ensure that the Club continues to develop as one of the leading clubs in the Ballarat Football Netball League. Our policies are designed to ensure the Club deals with various matters in a fair and transparent way.

By registering to play with Redan, the player, along with his/her parents, guardians and supporters agree to abide by the Club's Policies. In accepting their various positions, all coaches, team officials and Club officials agree to abide by these policies.

Any variation to the policies requires the approval of the Executive Committee.

While the policies provide a comprehensive management framework, it is possible that matters may arise which are not covered by existing policies. Such matters or any suggestions regarding our policies should be referred to the Junior Director.

The Redan Football Netball Club operates in accordance with the policies provided by BFNL. A link to their policies is below.

<http://www.bfnl.com.au/>

Select the "Administration" tab to find policies such as Code of Conduct, Concussion Management, By-Laws and Child Safety Standards.

Where BFNL does not have a policy, AFL Victoria or AFL Policies apply. Links are below:-

<https://aflvic.com.au/aflvictoriacountry/afl-victoria-country-policies/>

<https://www.afl.com.au/policies>

Policies found here include Laws of the Game, Cyber Safety, Coaches Code of Conduct, Respect and Responsibility Policy, Extreme Weather, Vilification etc.

## 1.8 GRIEVANCES

Any person who feels aggrieved by the interpretation of the policies or possible failure to comply with the policies, may refer the matter to the Junior Committee for consideration.

## 1.9 WEARING OF ARM BANDS

If someone from the immediate family (eg. sibling or parent) of a current player passes away during the football/netball season, the family may ask the Junior President or Secretary if the player's teammates could wear black arm bands for their next game. Recognising the passing of other people, with a connection to the Redan FNC, will also be considered eg the death of a coach who is not a parent.

In these scenarios, the relevant Team Manager will be asked to include an explanation in their pre-game Team App post, as to why the players will be asked to wear black arm bands during their next game.

## 2. PLAYER REGISTRATION POLICY

Redan Junior Football Netball and Redan Female Football both seek to maintain a fair registration process for both existing and new players.

### 2.1 REGISTRATION PROCESS

The Club will notify all past season players via team app and social media when registrations are open.

The Club will open registrations to **existing players (those who played with Redan in the previous season)** in January. Registrations will close in February. Specific dates will be advised.

Registrations received after the registration deadline will be deemed late and considered together with new expressions of interest to join the club.

### 2.2 UNDER 9 RESERVE FOOTBALL AND NETBALL

As there are no previous players in under 9 reserve football and under 9 reserve netball, expressions of interest will be called for these groups and will be assessed based on the following criteria:

- (1) Siblings or children of current players who register by the deadline (this may be a different deadline to existing players)
- (2) Players by date of registration, who participated in Auskick or Net-Set-Go in the previous year
- (3) Registrations will then be opened to new players who do not fit either of the above criteria by date of registration.

### 2.3 NEW PLAYERS FOR OTHER GRADES

Registrations from new players will not be processed until the Club has been able to allocate a



place to all the previous year's players who registered on time.

Where places remain, new players will be invited to trial/train with the group for a limited time to determine their suitability to join Redan. Considerations will include:-

- alignment with core values
- capability and existing team composition
- club connections

## 2.4 CORRECT AGE GROUPS

For safety & developmental reasons, all players will be registered within their correct age group as detailed within the BFNL By-Laws. Any player who has previously been allowed to play in an older age group will not automatically be permitted to play up in a subsequent year.

Players in age groups from Under 13's (football) and up will only be allowed to play up, in exceptional circumstances and at the invitation of the Junior Committee. Circumstances that may justify a player being selected for a higher age group include:

- Extra players are required in a higher age group to meet minimum team numbers
- A player's DOB is close to qualifying for the higher age group, they possess the necessary skills and experience to play in the higher age group, and there are other supporting reasons (e.g. the player has a history of playing with peers who will be moving to the higher age group).
- A player is performing at the same skill level as an older age bracket team and is the right fit for the older age bracket team.

This decision is at the discretion of the Junior Committee and must be supported by the parent/guardian. The player and parent/guardian have the right to refuse, in which case they will remain in their natural age group.

## 2.5 MEDICAL NOTIFICATION

Parents/Guardians of all Junior players (football, female football and netball) are required to provide an Operoo profile which details medical information and emergency contact details for each player.

<https://www.operoo.com/intro-for-parents/>

The process of generating a request for the supply of the medical information and emergency contact details differs for football and netball.

When parents/guardians register their child for football in the Game Day system, it interfaces with the Operoo system (formerly called Care Monkey) and triggers a message to the parent/guardian to set up a profile for their child.

There is no interface between the MyNetball system and the Operoo system. Details for new netballers joining the club (name, contact email, mobile phone number) are loaded into Operoo manually. This manual load also triggers a message to the parent/guardian to set up a profile for their child.

The child's profile, in Operoo, includes medical data and emergency contacts. The Junior Player Coordinators and Trainers are given access to this information through the Operoo App. In the event of an emergency, this App allows the medical details of each player to be accessible.

During the season, the player (or parent/guardian) must notify their coach and/or trainer of any changes in circumstances (injury / health problem etc.) that could place the player at greater risk.

### **3. FINANCIAL MEMBERS**

Redan Junior Football Netball and Redan Female Football expect all players to be financial members of the Club.

#### **3.1 PAYMENT**

Players must be financial members of the Club and pay their playing (registration) fees prior to playing in their first game of each season. Netball players are also required to pay an annual compulsory Netball Victoria membership fee set by Netball Victoria.

The Club may accept progressive payments in some circumstances.

#### **3.2 FEES**

The Club fee covers:

- Club operating costs and games costs (e.g. league affiliation fees, umpires, training equipment, medical supplies, utilities etc.)
- the provision of a jumper/dress which is provided on loan and must be returned at the end of the season.

No additional game fees will be charged.

#### **3.3 REFUNDS**

The Club may provide a refund in exceptional circumstances. A request for a refund should be sent to the Junior Committee.

Refunds will not be provided to players who are rostered off or are not available to play.

#### **3.4 CLUB EQUIPMENT**

The Club provides each football player with a jumper and each netball player with a dress. These items plus any other items borrowed from the Club must be returned to the Club within one week of the player having played his/her last game for the season.

Damaged items or any items not returned to the Team Manager at the end of the team's season will be considered 'lost' and the player liable to pay for its replacement at cost.

### 3.5 NON-FINANCIAL MEMBERS

A player who has not paid his/her fees will be considered a non-financial member of the Club.

A player who has not returned Club equipment (e.g. jumper, dress.) at the end of the season or on leaving the club, will be considered a non-financial member of the Club.

Non-financial members will not be eligible for selection and the Club will not provide a clearance to any player who has an outstanding debt to the Club or who has not returned Club property.

Non-financial members may be refused a clearance to another club until such time as any outstanding fees are paid, and/or any club property (i.e. jumper, dress) has been returned to the Club.

## 4. COACHING

Redan Junior Football Netball and Redan Female Football seek to appoint the best available coaches to lead its teams.

### 4.1 COACHING APPOINTMENTS

At the end of the season, the Club will declare all coaching positions vacant and encourage existing and new coaches to apply for coaching positions in the following year.

Coaching vacancies and appointments will be advertised on our team app and social media pages, and may also be advertised on the BFNL website as deemed necessary.

Coaches must be able to demonstrate that they have the right attributes to coach relevant to the applicable age group and be prepared to undertake or renew their coaching accreditation standards and Working With Children Checks. Foundation coaching courses will be reimbursed by the Club. Requests to undertake courses to achieve higher levels of coaching accreditation will be considered for reimbursement.

### 4.2 COACHING ATTRIBUTES

Our coaches are expected to:

Be qualified and in doing so:

- must have a foundation coaching qualification by May 31 in the year that they are coaching. (NB The club will reimburse the Coach for the registration fees for his/her Level 1 course).
- must have a valid working with children check prior to commence pre-season training and for the duration of the season.
- Act responsibly and in doing so:
  - adhere at all times to the BFNL and RFNC Codes of Conduct.
  - adhere at all times to the club's policies.
  - not speak to the media without the consent of President.
- Display a sense of professionalism and in doing so:

- wear appropriate attire, including Club polo/hoodie/jacket to all games (for new coaches, the Club will provide one item of Redan branded apparel).
- make decisions which are in the best interests of our players and the club.
- Display fairness and in doing so:
  - respect all players.
  - adhere to the club's policies.
- Demonstrate commitment to their team and the club and in doing so:
  - arrive promptly and well prepared for training and games.
  - attend family nights and other key events such as our jumper/dress presentation and end of season presentation night.
- Show leadership and in doing so:
  - display sincerity, integrity and honesty.
  - base actions on reason and not emotions.
  - set goals and share a vision with your team.
  - display confidence and inspire players.
  - be fair to all players and responsive to their sensitivities.
  - seek out and listen to the opinions of others to help you succeed.
- Build an appropriate support network and in doing so assist to identify a team manager, assistant coach and mentor/runner (for football) who are responsible, and who are prepared to act in accordance with the policies and values of the club.

## 5. TEAM SIZE AND SELECTION

Redan Junior Football Netball and Redan Female Football seek to maintain a fair, transparent, and equitable team selection process.

### 5.1 TEAM SELECTION

Redan Junior Football Netball and Redan Female Football are committed to fairness, transparency and equity. The Club adopts an approach which recognises that teams vary in size, skill and ability but that all players are entitled to be treated fairly and that teams are managed to be competitive irrespective of their grading.

#### 5.1.1 REDAN JUNIOR BOYS FOOTBALL AND NETBALL

The current structure of the competition allows for two teams per age group – a 'reserves' and a 'senior' team. The under 9 and 11 boys football teams will be set in their age groups. Some players in other age groups will spend the entire season in one team while others may move between teams at the coach's discretion (noting that BFNL by-laws govern the amount of senior games that can be played before a player is ineligible to play in finals for the reserves).

Players are allocated to teams to ensure the best chance of success and the greatest level of enjoyment and development. It is necessary to form teams with players of similar skills, commitment, attitude and ability levels, across all playing positions.

- Stronger players enjoy the challenge of harder, faster competition and cannot develop to their potential if graded below their skill level.

- Similarly, players who are placed in teams above their ability will not develop to their potential when being overshadowed by more talented players around them. In such situations, these players can quickly become disheartened and lose self-esteem.
- Players and parents are urged to be objective and reasonable in their expectations, and to encourage their children to enjoy their chosen sport, no matter what team they are ultimately placed into.

Players will be assessed based on their skills, size, confidence and maturity. On this basis, it is expected that the majority of the more competent players but not necessarily all the better players will be in the senior team.

Notwithstanding this, it is expected that the teams will primarily train together and that the coaches will cooperate during the selection process and in the sharing of players throughout the season should a team be short of players.

Culturally, it would be hoped teams socialise and mix as one whole age group, negating the barriers between what is seen as a top and bottom sides and encouraging the one club mentality.

Ideally, the teams should have an equal number of players to ensure that all players in the age group have access to equal playing opportunities. However, the number of players in each team may require flexibility to ensure players participate in the most suitable divisions for their ability level.

In order to determine the formation of multiple teams, the coaches should:

- observe all players during the pre-season period;
- take into account the player assessments prepared by the previous year's coaches;
- liaise with the previous year's coaches (if necessary);
- liaise with the Redan Junior Football and Netball Club's Football/Netball Director;
- agree the proposed composition of the two teams (noting that some players are likely to move between the two).

The coaches should not disclose the composition of the recommended teams to any players or parents until the teams have been approved by the Football/Netball Director.

When teams are announced by the coaches, the coaches are to ensure all players are aware that movement of players may occur between the teams, particularly within the first half of the season.

### **5.1.2 REDAN FEMALE FOOTBALL**

The current structure of the competition allows for a single team per age group.

Players are allocated to teams primarily on age groupings to ensure the best chance of success and the greatest level of enjoyment and development. It is necessary to form teams with players of similar age, skills, commitment, attitude and ability levels, across all playing positions. For safety & developmental reasons, all players will be registered within their correct age group as detailed within the BFLW By-Laws.

In special circumstances players may be permitted to play in a team above their natural age group. This may occur on a permanent team allocation for the season, or on a game-by-game basis.

Any player who has previously been allowed to play in an older age group will not automatically be permitted to play up in a subsequent year.

Players will only be allowed to play up when it is in accordance with the BFLW By-Laws, and it agreed by the following:

- The coach of the older age group the player would be playing in
- The coach of the team the player normally plays in (if on a game-by-game basis)
- The parents/guardians of the player
- The player themselves
- The Junior Committee

Circumstances that may justify a player being allocated to a higher age group for the season, or selected for a higher age group team on a game-by-game basis include:

- Extra players are required in a higher age group to meet minimum team numbers
- A player's DOB is close to qualifying for the higher age group, they possess the necessary skills and experience to play in the higher age group, and there are other supporting reasons (e.g. the player has a history of playing with peers who will be moving to the higher age group).
- A player is performing at the same skill level as an older age bracket team and is the right fit for the older age bracket team.

Any decision to play a player in a higher age group must take into consideration the potential impact on a player's availability to play finals in their natural age group.

This final decision is at the discretion of the Junior Committee and must be supported by the parent/guardian. The player and parent/guardian have the right to refuse, in which case they will remain in their natural age group.

Notwithstanding the above, each individual age group team is encouraged to engage with teams above and below them in the age group hierarchy, particularly on the training track. This will help in the eventual transition of the players from one age group to another, and will assist coaches in the selection process and in the sharing of players throughout the season should a team be short of players.

## 6. PLAYER DEVELOPMENT & TRAINING

Redan Junior Football Netball and Redan Female Football seek to develop all of our players to the best of their abilities.

Tables below apply to Netball and Football.

	<b>Development</b>	<b>Training</b>
<b>U9s &amp; U11s</b>	<p>The majority of players in the Under 9s and 11s are still in the early stage of learning basic skills.</p> <p>In these age groups, the emphasis is placed on participation and enjoyment. Additional goals are the acquisition of football/netball skills and the nurturing of physical and emotional development and wellbeing.</p> <p>The Club believes strongly in the equality of opportunities given to players in these age groups. Players should be provided equal game time, although this may need to be averaged out over several weeks. Similarly, players should be provided with the opportunity to play in all positions, although this may need to be averaged out over several weeks. We believe this to be the best way to provide young players with all round development regardless of their level of ability.</p> <p>In the U/9 and U/11 junior football competition there will no provision for players to play outside their registered age group or play up within their age group except under exceptional circumstances and after consultation with the Director of Coaching, the Junior Committee, and parents of the child.</p>	<p>The Under 9s and 11s shall train one night a week. The location, timing and duration of training will be advised via team app. Players are encouraged to attend training and to participate in a co-operative manner.</p> <p>Football players must wear mouthguards at training.</p> <p>Training may be cancelled due to excessive heat, inclement weather or poor ground conditions.</p> <p><b>Parents are encouraged to assist the coaches with training.</b></p>
<b>U13s</b>	<p>Some players in the Under 13s have developed good skills and are able to perform at a faster pace, which places them at a more competitive level in a match situation. However, other players are still in the early stages of understanding the game and developing their skills. In many ways this is a transitional period as the players' progress into a more competitive environment. In these age groups there is still an emphasis on participation and enjoyment but with an increasing focus on development as the players mature. Additional focus may be placed on skill development, particularly in the senior team, and there may be an increasing focus on set plays and positioning.</p>	<p>The Under 13 footballers may train one or two nights a week while netballers generally train once per week. Players are encouraged to attend both training sessions where there are two provided. Players are expected to attend at least one training session per week and to participate in a cooperative manner.</p> <p>A player who is not able to regularly attend training may receive reduced game time where the coaches believe that the player's failure to regularly attend training could prejudice his/her skill</p>

	<b>Development</b>	<b>Training</b>
	<p>The Club believes strongly in providing equal opportunities to players in the Under 13s. Players should be provided equal game time, although this may need to be averaged out over several weeks. While some players at this age become naturally suited to set positions, we encourage players to try various positions. We believe this to be the best way to provide young players with all round development regardless of their level of ability.</p>	<p>development and impact on the team’s cohesion and competitiveness.</p> <p>Players must wear mouthguards at training.</p> <p>Training may be cancelled due to excessive heat, inclement weather or poor ground conditions.</p> <p><b>Parents are encouraged to assist the coaches with training.</b></p>
<b>U15s &amp; U17s</b>	<p>By this stage we expect that most players will have developed good skills and a sound understanding of the game. While the coach has overall responsibility for the development and wellbeing of the team, we expect players to become more accountable and take greater responsibilities for their training and performance.</p> <p>Some players have developed very good skills and are playing representative level. Others are aspiring to play senior football/netball at Redan while others are less driven to play at the senior level. Hence it can be a difficult period with players having various aspirations. Our aim is to help players develop to the best of their abilities and while the Club will seek to achieve this, it will very much depend on the desires of the players and their individual commitments to not only training but their own development.</p>	<p>Under 15 &amp; 17 netballers generally train once per week and footballers train twice.</p> <p>Non-attendance at training without prior notification, may affect a player’s selection or game time where the coaches believe that the player’s failure to regularly attend training could prejudice the player’s skill development and the ability to effectively compete on game day.</p> <p>Football players must wear mouthguards to training.</p> <p>Training may be cancelled due to excessive heat, inclement weather or poor ground conditions.</p> <p><b>Parents are encouraged to assist the coaches with training.</b></p>



	<b>Player numbers</b>	<b>Game time</b>	<b>Positioning</b>	<b>Finals</b>
<b>U9s &amp; U11s</b>	<p><b>Netball</b> Ideally, teams will list a maximum of ten players per game with excess players to be rostered off on a fair basis. The coach may use his/her discretion to field additional players if required.</p> <p><b>Football</b> The U/9 competition is a 15 player per side competition with as many players on the interchange as the club likes. The U/11 competition is an 18 player per side competition with as many players on the interchange as the club likes.</p> <p>For both under 9 and 11 competitions, clubs must do everything in their power to ensure both sides have the same amount of players on the ground at the same time meaning clubs MUST lend the opposition players if they do not have enough to field a full side.</p>	<p>Subject to injury or other extenuating circumstances each player:</p> <ul style="list-style-type: none"> <li>• should be afforded the same amount of game time over the course of the season.</li> <li>• selected on game day will play a minimum of half a game (or equivalent time over the duration of the game).</li> </ul> <p>No player should play a full game until all players have had the opportunity of playing at least half a game (or equivalent time over the duration of the game).</p> <p>Adjustments for injury, illness, time away will mean that some players have less game time over the duration of the season. A player's absence from a game due to injury, holidays or other social engagements does not constitute 'time off' in accordance with the policy.</p>	<p><b>Netball</b> There will be a full rotation on court over the season. An option, if a player is struggling to progress, it is recommended to limit rotations of positions to cover all thirds of a court, but not all positions (e.g. GS but not GA, WD and/or WA but not C and GD but not GK).</p> <p>It is recommended that coaches make a development plan to move players through each area of the court as the season progresses. By the end of each season, all players should have played every position on court several times.</p> <p><b>Football</b> Players should be provided with the opportunity to play in all positions (i.e. backline, centre/on ball, forward line and bench), although this may need to be averaged out over several weeks. We believe this to be the best way to provide young footballers with all round development regardless of their level of ability.</p>	<p>Finals apply to only 11 seniors. The even game time policy does not apply to finals although every named player must have the opportunity to play at least one quarter (or equivalent).</p>

	<b>Player numbers</b>	<b>Game time</b>	<b>Positioning</b>	<b>Finals</b>
			Players should rotate their position on the ground at least once during the game, to maximize exposure to the game.	
<b>U13s</b>	<p><b>Netball</b> Ideally, teams will list a maximum of ten players per game with excess players to be rostered off on a fair basis. The coach may use his/her discretion to field additional players if required.</p> <p><b>Football</b> The U/13 competition is a 18 player per side competition. Reserves may have as many players on the interchange as the club likes. Seniors are limited to 6 interchange players.</p>	<p>At under 13 level, particularly in the senior team a player's ability may begin to partially determine playing time, however all registered and financial players who regularly attend training sessions must be given "ample and fair" playing time. "Ample and fair" playing time is defined as at least half of a match.</p> <p>Adjustments for injury, illness, time away will mean that some players may have less game time over the duration of the season. A player's absence from a game due to injury, holidays or other social engagements does not constitute 'time off' in accordance with the policy. Subject to injury or other extenuating circumstances each player:</p>	<p><b>Netball</b> Players should start to play to position and focus on rotating between two or three positions.</p> <p>While some players at this age become naturally suited to set positions, the Club encourages players to try various positions. We believe this to be the best way to provide young netballers with all round development regardless of their level of ability.</p> <p><b>Football</b> While some players at this age become naturally suited to set positions, the Club encourages players to try various positions. We believe this to be the best way to provide young footballers with all round development regardless of their level of ability.</p>	The even rotation policy does not apply to finals. The most competitive configuration of players as determined by the applicable teams' coach(es) will take the court/field each quarter, throughout the finals series. All named players must have the opportunity to play at least one quarter (or equivalent).

	<b>Player numbers</b>	<b>Game time</b>	<b>Positioning</b>	<b>Finals</b>
		<ul style="list-style-type: none"> <li>• should be afforded the same amount of game time over the course of the season.</li> <li>• selected on game day will play a minimum of half a game (or equivalent time over the duration of the game).</li> </ul> <p>No player should play a full game until all players have had the opportunity of playing at least half a game (or equivalent time over the duration of the game).</p>	Players should rotate their position on the ground at least once during the game, to maximize exposure to the game.	
<b>U15s &amp; U17s</b>	<p><b>Netball</b> Ideally, teams will list a maximum of ten players per game with excess players to be rostered off on a fair basis. The coach may use his/her discretion to field additional players if required.</p> <p><b>Football</b> The U/15 Reserve competition shall be an 18 player per side competition</p>	<p>At this level, particularly in the senior teams, a player's ability will to a large degree determine playing time, however all registered and financial players who regularly attend training sessions must be given "ample and fair" playing time.</p> <p>Subject to injury or other extenuating circumstances each player selected may aim to play a minimum of half a game (or equivalent time over the</p>	Player positions will be based around positional strength with the best interest of the team as the primary focus. Player rotation is based upon skill, ability and positional strength.	The even rotation policy does not apply to finals. The most competitive configuration of players as determined by the applicable teams' coach(es) will take the court/field each quarter, throughout the finals series. All named players must have the opportunity to play at least one quarter (or equivalent).

	<b>Player numbers</b>	<b>Game time</b>	<b>Positioning</b>	<b>Finals</b>
	<p>with as many players on the interchange as the club likes</p> <p>The U/15 Senior competition shall be a 18 player per side competition with up to six (6) players on the interchange</p> <p>The U/17 Reserve competition shall be a 18 player per side competition with as many players on the interchange as the club likes</p> <p>The U/17 Senior competition shall be a 18 player per side competition with up to six (6) players on the interchange</p>	<p>duration of the game). Coaches may, however, apply some discretion to the selection of players and the amount of game time they play in any particular week having regard to:</p> <ul style="list-style-type: none"> <li>• the preparation of the player (incl. attendance and commitment at training)</li> <li>• the performance of the player (incl. commitment to the game)</li> <li>• the calibre of the opposition</li> <li>• the safety of the player concerned</li> <li>• the status of the game</li> </ul> <p>Adjustments for injury, illness, time away will mean that some players may have less game time over the duration of the season. A player's absence from a game due to injury, holidays or other social engagements does not constitute 'time off' in accordance with the policy.</p>		

## 7. CAPTAINS

Redan Junior Football Netball and Redan Female Football seek to provide strong leadership for all of our teams and to reward players who clearly lead by example and reflect the values of the Club.

Coaches will decide and communicate how captains will be selected.

## 8. AWARDS & MILESTONES

Redan Junior Football Netball and Redan Female Football seek to celebrate the achievement and development of our players.

### 8.1 WEEKLY AWARDS

After each game, coaches will recognise players for their effort and performance including:

- encouragement awards
- determining the end of season Redan Best and Fairest Award
- players to be named in the Courier

### 8.2 MILESTONES

Redan Junior Football Netball and Redan Female Football will recognise the outstanding achievement of a player reaching:

- 50 eligible junior games,
- 100 eligible junior games
- Other significant milestones as approved by the Junior committee

The Team Manager will monitor games played and ensure this achievement is recognised by the player running through the 50/100 game banner before the milestone game.

Trophies/medals are to be presented at the annual presentation night.

An eligible game is one where scoring and team sheets are utilised. Therefore, all netball games count from U/11 reserves onwards and all football games from U/11 seniors onwards.